

WORKERS HAVE RIGHTS!



OSHA[®]
Occupational Safety
and Health Administration

The law says that employers cannot retaliate against workers for exercising their rights to a safe and healthful workplace under the *Occupational Safety and Health Act*. For example, workers have a lawful right to:

- Notify a supervisor or employer about a hazardous condition
- Report a workplace injury or illness
- Refuse to perform an extremely dangerous task where there is insufficient time to contact OSHA and the employee has requested and been unable to obtain abatement of the hazard
- Ask OSHA to inspect a workplace

If an employer has retaliated against you, *act quickly!* Workers must file a retaliation complaint with OSHA **within 30 days after the alleged adverse action occurred or you became aware of it.**

www.whistleblowers.gov • 1-800-321-OSHA (6742) • TTY 1-877-889-5627

Source: OSHA (osha.gov) | Traduit par <https://hseacademy.online/>

ပုၤမၤတၢ်ဖိတဖၣ် အိၣ်ဒီး တၢ်ခွဲးတၢ်ယၢ်တဖၣ်!



OSHA®

တၢ်ဘၣ်တၢ်ဘၢ ဘၣ်ဃးဒီး တၢ်ဖဲးတၢ်မၤဒီး
ဆူၣ်ချ့ တၢ်ပၤဆူၣ်ရဲၣ်ကျဲး

ဒ်သဲးစးတၢ်ဘျုး၊ ဟဲဝဲအသိး တၢ်မၤကစၢ်တဖၣ်န့ၣ် မၤကၣ်ကျၢ ပုၤမၤတၢ်ဖိတဖၣ်တသ့ဘၣ် လၢအဝဲသ့ၣ် ဟံးဂ့ၢ်ဝီမၤ အတၢ်ခွဲးတၢ်ယၢ် လၢတၢ်ဖဲးတၢ်မၤလီၤလၢ အပျဲးဒီး တၢ်ဘၣ်တၢ်ဘၢဒီး တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အဂီၢ် လၢ တၢ်ဘၣ်တၢ်ဘၢ ဘၣ်ဃးဒီး တၢ်ဖဲးတၢ်မၤဒီး ဆူၣ်ချ့ တၢ်ပၤဆူၣ်ရဲၣ်ကျဲး သဲးစးတၢ်သိၣ်တၢ်သီအဖီလၢအယီၤဘၣ်လီၤ. အဒိ, ပုၤမၤတၢ်ဖိတဖၣ်န့ၣ် အိၣ်ဒီး တၢ်ခွဲးတၢ်ယၢ်လၢ အဖိးသဲးစး လၢ-

- ကဘိးဘၣ်သ့ၣ်ညါ အတၢ်မၤမူဒါခိၣ် မ့တမ့ၢ် အတၢ်မၤကစၢ် ဘၣ်ဃးဒီး တၢ်လီၤဘၣ်ယီၣ်အလီၢ် တၢ်အိၣ်သးအဂ့ၢ်တမံၤ
- ဒုးသ့ၣ်ညါ တၢ်မၤလီၢ် တၢ်ဘၣ်ဒိဘၣ်ထံး မ့တမ့ၢ် တၢ်ဆူးတၢ်ဆါအဂ့ၢ်တမံၤ
- ဂ့ၢ်လီၢ်လၢ ကမၤဝဲဒၣ် တၢ်မၤမူဒါတမံၤလၢ အလီၤဘၣ်ယီၣ်ဒိၣ်နီၢ်မး မဲတအိၣ်ဒီး တၢ်ဆၢကတီၢ်လၢလၢလီၢ်လီၢ်လၢ ကဆဲးကျိး OSHAဒီး ပုၤမၤတၢ်ဖိ ပတံသက့ၢ်ကညးတၢ်ဒီး တဒီးန့ၢ်ဘၣ်တၢ်ဝဲဒၣ် တၢ်မၤစ့ၤလီၤ တၢ်လီၤဘၣ်ယီၣ်အခါ
- ဃုထီၣ် OSHA ဒ်သိးကသမံသမိးဃုသ့ၣ်ညါ တၢ်မၤလီၢ်

တၢ်မၤကစၢ်တဂၤ မ့ၢ်ဟ့ၣ်ကၣ်ထီဒါက့ၤန့ၤအယီၤ, ဟံးဂ့ၢ်ဝီမၤ ချ့ချ့တက့ၢ် ပုၤမၤတၢ်ဖိတဖၣ်န့ၣ် ကြၢးပတံထီၣ်ဝဲဒၣ် တၢ်ဆိုးထီၣ် တၢ်သးတမ့ၢ် တၢ်ဟ့ၣ်ကၣ်အဂ့ၢ် ဃုာ်ဒီး OSHA လၢအသီ 30 အတီၢ်ပူၤ ဖဲလၢ တၢ်ဟံထီၣ်တၢ်ကမ့ၢ်လၢ တၢ်ထီဒါ ဒုးအိၣ်ထီၣ်တၢ်ကီၢ်ခဲ အတၢ်ဟူးတၢ်ဂၢ်အံၤ မၤအသး မ့တမ့ၢ် ဖဲန့သ့ၣ်ညါဟံသၣ်ဃးအီၤ အလီၢ်ခဲန့ၣ်လီၤ.

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